

LET'S
LEARN
TOGETHER



Learning together is a nurturing way to ensure a healthy start to a child's early years.

- ♦ Children learn by example and often imitate behaviours of people who surround them.
- ♦ Helping your child learn to persevere and approach problems positively is one of the greatest gifts you can give her.
- ♦ Offer your child lots of opportunities to make friends, be part of a team, and be a good leader, all of which are built on self-confidence, cooperation and trust.

LET'S
EXPLORE
TOGETHER



Exploring together is a nurturing way to ensure a healthy start to a child's early years.

- ♦ When children are talked to, listened to, and played with, they are more likely to lead lives full of purpose and promise.
- ♦ What you teach your children you also teach your children's children.
- ♦ Notice your child's good behaviour and when your child struggles with something, focus your comments on his effort rather than his ability.

LET'S
PLAY
TOGETHER



Playing together is a nurturing way to ensure a healthy start to a child's early years.

- ♦ You are your child's first and favourite playmate. When you play with your child you not only support her ability to learn, think, problem solve, and explore, but also strengthen your relationship with her.
- ♦ Play is the 'work of children' - it is how they explore and discover the world, their role and how everything and everybody relates to each other.

LET'S
SHARE
TOGETHER



Sharing together is a nurturing way to ensure a healthy start to a child's early years.

- ♦ Comfort is what children need from parents to feel secure, confident, loved and valued.
- ♦ When you comfort your child and show her compassion, you also teach her how to show compassion to others. The combinations and benefits are truly endless.
- ♦ Embrace each child's uniqueness.

LET'S
READ
TOGETHER



Reading together is a nurturing way to ensure a healthy start to a child's early years.

- ♦ Simple things like talking, singing and reading to a child from the day of birth will have a lasting impact.
- ♦ Intelligence doesn't grow on trees but it certainly grows on love and supportive stimulation.
- ♦ Help your child to: be observant; solve problems; think creatively and abstractly; and develop keen judgment. This will nurture a lifelong readiness to learn.